



Adaptive Golf as Therapy

"Enhancing Lives Through Golf"



Physical Therapy Association of Georgia 9 CE Workshop *APTA approved



About the Instructors

David Windsor, PGA

An award winning PGA Teaching Professional with 20 years teaching and directing weekly adaptive golf clinics, enabling him to share many experiences and best practices relevant to any aspect of an adaptive golf process. Founder of the Adaptive Golf Academy in 2006, nationally recognized as the PGA of America Patriot Award recipient in 2015. David also serves as Director of the GSGA Adaptive Golf Program.

Ross Brakeville, PT, DPT

A Doctor of Physical Therapy, Certified in Sports Physical Therapy and Level III TPI. Ross has hosted medical segments on "The Golf Show" for 4 years, lectured across the country on golf mechanics and has written 2 books emphasizing golf. Ross serves as a Wellness Advisor for the GSGA and PGA Professionals.

Course objectives:

- Understand basic biomechanical principles of the golf swing
- Understand how common pathologies pose barriers to participation including amputations, TBI, Spinal cord, neuromuscular deficits, visually impaired, chronic pain etc.
- Possess the skills set and understanding of adaptive golf techniques and equipment used to overcome pathology.
- **OUR GOAL IS TO HAVE AN ADAPTIVE GOLF TRAINED PT PROFESSIONAL IN ATTENDANCE AT EACH MONTHLY COMMUNITY CLINIC OFFERED ACROSS GEORGIA IN '22.**

SATURDAY, MARCH 5th 2022

Bobby Jones Golf Club 8am – 6pm

2205 Northside Dr. NW, Atlanta, GA 30305

Indoor session 8a-2p / Outdoor session 2p-6p

\$200 Registration Fee – at website below

Deadline Tuesday, 2/28

***9 CE's, manual, lunch, certificate, webpage listing**

Physical Therapists and Golf Professionals (**PGA MSR Education Approved**) are being invited to attend this interactive, day long workshop where during the indoor session we'll showcase and discuss best practices of "adaptive golf" scenarios for individuals with physical, cognitive and/or sensory impairments as a vital element in their recovery. During the outdoor session you will apply these approaches in a self-adaptation segment to attain first-hand "feel & experience" before teaching adaptive students joining us from the community. Learn to become comfortable & confident in creating a fun, safe and effective environment for anyone of ANY ability. Receive list of adaptive clubs and training aids available, tips on how to run clinics in your area.

Gain the confidence you need to help others "Live Beyond Their Expectations!"

REGISTER TODAY at www.AdaptiveGolfAcademy.com

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